ACTIVITY CALENDAR

CORTLANDT HEALTHCARE						110 Oregon Road, Cortlandt Manor NY 10567					ACTIVITY CALENDAR							
Sunday		Monday			Tuesday			Wednesday				Thursday		Friday		Saturday		
			10:00	9:30 DAILY CHROI NEWSPAPER DI		2	11:00AM - 4:00 BEAUTICIAN SER BOOK CLUB	VICES	3	9:30 DAILY CHRO. NEWSPAPER DI MANICURES /		4	9:30 DAILY CHRONICLE/ NEWSPAPER DIST. EPENDENCE DAY SOCIAL	5	9:30 DAILY CHRONICLE/ NEWSPAPER DIST. 3 ZUMBA MDR	6	9:30 DAILY CHRO NEWSPAPER DEL HOLY ROSARY	
			1:30	SUNDAE MONDAY STROLLING MUSIC	ALL	2:00	TABLE TENNIS	2 FL	2:00	COFFEE SOCIAL	ALL		SOCIAL MDR ULY 4TH CELEBRATION MDR W/ MANNY	12:00	JULY 4TH COOKOUT PAT	10:45	PUPPET THERAPY ICE CREAM CART	1 FL
(1941)			3:30	W/ JOE P FUN IN THE SUN	ALL PAT	3:00 3:30	URBAN ZEN TAI CHI	3 FL 3 FL	3:00	FUN IN THE SUN	PAT			1:30 3:00	TAI CHI MDR MUSIC & MEMORY 3 FL	2:00 3:30	7th DAY ADVENTIST MOVIE MATINEE	2 FL ALL
7	9:30 DAILY CHROI NEWSPAPER DIS		8	9:30 DAILY CHRO NEWSPAPER DI		5:00	POKENO 11:00AM - 4:00 BEAUTICIAN SER		1(9:30 DAILY CHRO NEWSPAPER DI		11	9:30 DAILY CHRONICLE/ NEWSPAPER DIST.	12	9:30 DAILY CHRONICLE/ NEWSPAPER DIST.	13	9:30 DAILY CHRO NEWSPAPER D	ONICLE/ UST.
10:00	BASKETBALL		10:00	CATHOLIC MASS	MDR	10:00	BOOK CLUB	3 FL	10:00	MANICURES / COFFEE SOCIAL	ALL	10:00	COFFEE & BAGEL CART ALL	10:30	→ ZVMBA MDR	10:00	HOLY ROSARY	2 FL
11:00 2:00	NOODLE BALL	2 FL 3 FL	1:30 2:00	SUNDAE MONDAY STROLLING MUSIC	ALL	2:00	THE PRICE IS RIGHT	MDR	12:00	CHILLIN & GRILLIN	PAT		ONE MAN SHOW W/ BUTCH BARBELLA MDR	1:30	TAI CHI MDR	1:30	ICE CREAM CART	ALL
	BUNGO			W/ MESHA	ALL	3:00	URBAN ZEN		2:00	BUNGO	ALL		MIXOLOGY CLASS/	2:00	ARTS & CRAFTS 3 FL		BRAIN GAMES	3 FL
3:00	POKENO	2 FL	3:30	FUN IN THE SUN	PAT	3:30 5:00	TAI CHI POKENO	3 FL 2 FL	3:00 NA	FUN IN THE SUN TIONAL PINA COLADA D	PAT 4V		HAPPY HOUR MDR	3:00	FUN IN THE SUN PAT	3:30	MOVIE MATINEE	ALL
14	9:30 DAILY CHROI NEWSPAPER DIS		15	9:30 DAILY CHRO NEWSPAPER DI		16	11:00AM - 4:00	PM	1	9:30 DAILY CHRO NEWSPAPER DI	NICLE/	18	9:30 DAILY CHRONICLE/ NEWSPAPER DIST.	19	9:30 DAILY CHRONICLE/ NEWSPAPER DIST.	20	9:30 DAILY CHRO NEWSPAPER D	
10.00	BALL TOSS		10:00	COMMUNION	ALL	10:00	BOOK CLUB	3 FL	10:00	MANICURES / COFFEE SOCIAL	ALL	10:00	COFFEE & ALL BAGEL CART	10:30	** ZVMBA MDR		HOLY ROSARY	2 FL
11:00 2:00	TABLE TOP GAMES	2 FL 3 FL	1:30 2:00	SUNDAE MONDAY STROLLING MUSIC	ALL	2:00	ART FOR LIFE W/ MASA	MDR	12:00	CHILLIN & GRILLIN	PAT	2:00	HAWAIIAN MDR	1:30	TAI CHI MDR	10:45 1:30	PUPPET THERAPY ICE CREAM CART	1 FL ALL
	BUNGO	0,2	2.00	W/ LOUIS V	MDR	3:00	URBAN ZEN	3 FL	2:00	VIRTU-WELL REALITY W/ HARRISON	MDR		LUAU	2:00	HAPPY HOUR MDR	2:00	7th DAY ADVENTIST	2 FL
3:00	POKENO	2 FL	3:00	FUN IN THE SUN	PAT	3:30 5:00	TAI CHI POKENO	3 FL 2 FL	3:00	FUN IN THE SUN	PAT	3:00	FUN IN THE SUN PAT	3:00	MUSIC & MEMORY 3 FL IONAL DAQUIRI DAY	3:30	MOVIE MATINEE	ALL
21	9:30 DAILY CHROI NEWSPAPER DIS		22	9:30 DAILY CHRO NEWSPAPER DI		23	11:00AM - 4:00	PM	24	9:30 DAILY CHRO NEWSPAPER DI	NICLE/ St.	25	9:30 DAILY CHRONICLE/ NEWSPAPER DIST.	26	9:30 DAILY CHRONICLE/	27	9:30 DAILY CHRO NEWSPAPER D	
10:00	PARACHUTE		10:00	CATHOLIC MASS	MDR	10:00	BOOK CLUB	3 FL	10:00	MANICURES / COFFEE SOCIAL	ALL	10:00	COFFEE & BAGEL CART ALL	10:30	SZVMBA MDR	10:00	HOLY ROSARY	2 FL
11:00 2:00	MUSIC TRIVIA	2 FL 3 FL	1:30 2:00	SUNDAE MONDAY STROLLING MUSIC	ALL	10:00 2:00	PET THERAPY CHRISTMAS IN JULY!	ALL MDR	12:00	CHILLIN & GRILLIN	PAT		JLY BIRTHDAY BASH W/ TREETS OF THE BRONX	11:00 1:30	SMOOTHIE CART ALL TAI CHI MDR	1:30	ICE CREAM CART	ALL
3:00	POKENO	2 FL	3:00	W/ JOE P FUN IN THE SUN	ALL PAT	3:00	URBAN ZEN	3 FL	2:00 3:00	FUN GO	ALL PAT	3:00	BAND MDR FUN IN THE SUN PAT	2:00	MUSIC W/ HOWARD 3FL	2:30	BRAIN GAMES	3FL
0.00			0.00			3:30 6:00	TAI CHI POKENO	3 FL 2 FL	0.00			0.00	TOWN ME OOK TAI			3:30	MOVIE MATINEE	ALL
28	9:30 DAILY CHRO	LIVERY	29	NEWSPAPER DI		30	BEAUTICIAN SEK		3′	1 SEWSPAPER DI				_				
	NOODLE BALL TABLE TOP GAMES	1 FL 2 FL	10:00	SUNDAE MONDAY	ALL	2:00 RI	BOOK CLUB ESIDENT COUNCIL / FOOF	ם	10:00	MANICURES / COFFEE SOCIAL CHILLIN & GRILLIN	ALL PAT		0	/				
2:00	BUNGO	3 FL	2:00	STROLLING MUSIC W/ MESHA	ALL	3:00	URBAN ZEN	3 FL		ART FOR LIFE RECEPTION			` <i>!</i> !!!	M	20:	1	4	F.
3:00	POKENO	2 FL	3:00	FUN IN THE SUN	PAT	3:30 6:00	TAI CHI POKENO	3 FL 3 FL	3:00	FUN IN THE SUN	PAT							
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All Programs Are Subject To Change. Look For The Daily Posters In The Elevator And On The Floors.

For Daily Newspaper, or If You Have Any Questions or Inquires, Call Activities Dept. @ (914) 467-8502