

SEPTEMBER 2021



110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Meet & Greet 10:00 Leisure Cart 10:30 Women's Club 2:00 BINGO! 3:00 Urban Zen 3:30 Fun in the Sun	9:30 Meet & Greet 10:30 Coffee Social/ Table Games 12:00 Grilling & Chillin 2:30 Men's Club 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Hot chocolate Cart 2:00 Happy Hour 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Hot chocolate Cart 2:00 Happy Hour 3:30 Fun in the Sun
9:30 Meet & Greet 10:00 Trivia 2:00 Bingo 4:00 Music Appreciation	9:30 Meet & Greet 10:00 Communion 10:30 Labor Day Trivia 2:00 Strolling Music LABOR DAY	9:30 Meet & Greet 10:00 Morning Stretch 10:30 News & Views 2:00 CORT'S CARNIVAL ROSH HASHANAH	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Women's Club 2:00 BINGO! 3:00 Urban Zen 3:30 Fun in the Sun	9:30 Meet & Greet 10:30 Coffee Social/ Table Games 2:00 Adaptive Sports 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Hot Chocolate Cart 2:00 Arts & Crafts 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Rosary 2:00 Arts & Crafts 4:00 Word Games
9:30 Meet & Greet 10:00 Beading 2:00 Bingo 4:00 Music Appreciation GRANDPARENTS DAY	9:30 Meet & Greet 10:00 Monday Mass 10:45 Urban Zen 2:00 Sundae Monday 3:00 Monday Movie	9:30 Meet & Greet 10:00 Morning Stretch 10:30 News & Views 2:00 HISPANIC FESTIVAL 3:30 Fun In The Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Women's Club 2:00 BINGO! 3:00 Urban Zen 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Coffee Social/ Table Games 2:30 PETTING ZOO YOM KIPPUR	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Hot Chocolate Cart 2:00 Happy Hour 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Rosary 2:00 Ball Toss 4:00 Word Games
9:30 Meet & Greet 10:00 Trivia 2:00 Bingo 4:00 Music Appreciation	9:30 Meet & Greet 10:00 Communion 10:45 Urban Zen 2:00 Sundae Monday 3:00 Monday Movie	9:30 Meet & Greet 10:00 Morning Stretch 10:30 News & Views 2:00 Name That Tune 3:30 Fun In The Sun SUKKOT	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Women's Club 2:00 BINGO! 3:00 Urban Zen 3:30 Fun in the Sun AUTUMN BEGINS	9:30 Meet & Greet 10:30 Coffee Social/ Table Games 2:00 The Price is Right 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Hot Chocolate Cart 2:00 Smore' or Less! 3:30 Fun in the Sun	9:30 Meet & Greet 10:00 Rosary 2:00 Arts & Crafts 4:00 Word Games
9:30 Meet & Greet 10:00 Beading 2:00 Bingo 4:00 Music Appreciation	9:30 Meet & Greet 10:00 Monday Mass 10:45 Urban Zen 1:45 Resident Council Meeting 2:30 Monday Movie	9:30 Meet & Greet 10:00 Morning Stretch 10:30 News & Views 2:00 Sip & Paint 3:30 Fun In The Sun	9:30 Meet & Greet 10:00 Leisure Cart 10:30 Women's Club 2:00 BINGO! 3:00 Urban Zen 3:30 Fun in the Sun	9:30 Meet & Greet 10:30 Coffee Social/ Table Games 2:00 September Birthday Bash! 3:30 Fun in the Sun		
	Salon Services Every Other Wednesday 10am - 4pm		Fun in the Sun Daily, Weather Permitting		Activities are Subject To Change	