

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday


# August 2020

Cortlandt Healthcare  
Recreation Calendar


10:15 Bible Study  
2:15 Pokeno  
4:15 Word Games




10:15 Crafts  
2:15 Bingo  
4:15 Trivia



2 10:00 Mass  
2:00 Name that Tune  
4:00 Coloring



3 10:00 Beading  
2:00 Pokeno  
4:00 Word Games



4 10:00 Bingo  
2:00 Urban Zen  
4:00 Bean Bag Toss



5 10:00 Urban Zen  
2:00 Snack Cart  
4:00 Bingo




6 10:00 Spa & Relaxation  
2:00 Happy Hour  
4:00 Ring Toss




7 10:15 Bible Study  
2:15 Pokeno  
4:15 Word Games



8 10:15 Crafts  
2:15 Bingo  
4:15 Trivia



9 10:00 Mass  
2:00 Horse Racing  
4:00 Painting



10 10:00 Art Class  
2:00 The Price is Right  
4:00 Bingo




11 10:00 Bingo  
2:00 Urban Zen  
4:00 Hangman




12 10:00 Urban Zen  
2:00 Snack Cart  
4:00 Crafts




13 10:00 Spa & Relaxation  
2:00 Happy Hour  
4:00 Trivia




14 10:15 Bible Study  
2:15 Pokeno  
4:15 Word Games



15 10:15 Crafts  
2:15 Bingo  
4:15 Trivia



16 10:00 Mass  
2:00 Word Games  
4:00 Coloring




17 10:00 Painting  
2:00 Family Feud  
4:00 Pokeno




18 10:00 Bingo  
2:00 Urban Zen  
4:00 Ball Toss




19 10:00 Urban Zen  
2:00 Snack Cart  
4:00 Trivia




20 10:00 Spa & Relaxation  
2:00 Happy Hour  
4:00 Name that Tune




21 10:15 Bible Study  
2:15 Pokeno  
4:15 Word Games



22 10:15 Crafts  
2:15 Bingo  
4:15 Trivia




23 10:00 Mass  
2:00 Jeopardy  
4:00 Painting



24 10:00 Color by Numbers  
2:00 Wheel of Fortune  
4:00 Bingo




25 10:00 Bingo  
2:00 Urban Zen  
4:00 Basketball



26 10:00 Urban Zen  
2:00 Snack Cart  
4:00 Bingo



27 10:00 Spa & Relaxation  
2:00 Happy Hour – Birthday Cart  
4:00 Trivia



28 10:15 Bible Study  
2:15 Pokeno  
4:15 Word Games



29 10:15 Crafts  
2:15 Bingo  
4:15 Trivia



30 10:00 Mass  
2:00 Resident Council Meeting  
4:00 Horse Racing



All activities take place on the unit  
**All activities are subject to change**  
**All activities require social distancing**