

# September 2019



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Cortlandt Manor, NY 10567  
(914) 739-9150  
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar						
10:15 AM Crafts 2 PM Bingo 3:30 PM Strolling Music with Joe	10 AM Catholic Mass 3rd fl 10:45 AM Eucharistic Minister visits 2 PM Painting 4 PM Word Game 7:15 PM Art with Brian	10 AM Crafts 11:45-12:45 BBQ with entertainment 1-3pm 1:1 Music Therapy 2:30 PM Root beer Float Social 4 PM Trivia	10 AM Beading 2PM Rabbi Crystal 2 PM Urban Zen 4 PM Word Games 7 PM Bingo	10:30 AM Basketball 11 AM Urban Zen 2:30 PM Ice Cream Social 4 PM Word Games	10:30 AM Manicures 2 PM Painting 4 PM Word Games 7 PM Sing a long with Brian	10:15 AM Rosary 2:15 PM Bingo 4 PM Trivia 6:30 PM Movie
10:15 AM Beading 2:30 PM Bingo 4 PM Bastille Day Discussion	10 AM Mass - 3rd fl 10:45 AM Eucharistic Minister visits 2:30 PM Music Appreciation 4 PM Word Game 7:15 PM Art with Brian	10 AM Sensory Stim. 1 PM 1-1 Music Therapy visits 2:15 PM Painting 4 PM Word Games	10:30 AM Who Am I? 2 PM Urban Zen 4 PM Word Game 7 PM Bingo	10:30 AM Trivia 11 AM Urban Zen 2 PM Violin Melodies 4:15 PM Music Appreciation	10:15 AM Manicures 11AM-4pm Vendor Sale 2 PM Painting 4 PM Word Games 7 PM Sing a long with Brian	10:30 AM Bible Study 2:15 PM Zumba 4 PM Trivia
10:15 AM News & Views 2:30 PM Bingo 4 PM Music Appreciation	10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 11 AM Sing a long 2 PM Spa Day 4 PM Word Game 7:15 PM Art with Brian	10 AM Jewelry Making 2:30 PM Country Western with Lou	10 AM Balloon Volleyball 2 PM Urban Zen 3 PM Spumoni Social 7 PM Bingo	10:30 AM Word Games 11 AM Urban Zen 2-4pm Art Therapy with Richard 2:30 PM Violin Melodies 4 PM Trivia	Manicures 2:30 Birthday Party 7 PM Sing a long with Brian	10:15 AM Rosary 2:15 PM Bingo 3:30 PM Piano Melodies with Ada 6:30 PM Movie
10:15 AM Manicures 2 PM Bingo 3:30 PM Strolling Music with Joe	10 AM Catholic Mass 3rd fl 10:45 AM Eucharistic Minister visits 11 AM Trivia 4 PM Word Game 7:15 PM Art with Brian	10 AM Sensory Stim. 1-3pm 1-1 Music Therapy visits 2:15 PM Painting 4 PM Word Games	10:15 AM Bowling 2 PM Urban Zen 4 PM Outdoor visits 7 PM Bingo	10:30 AM Basketball 11 AM Urban Zen 2:30 PM Ice Cream Social 4 PM Word Games	10:30 AM Manicures 2:15 PM Bingo 7 PM Sing a long with Brian	10:15 AM Rosary 2nd fl Quad 2 PM Pokeno 4 PM Word Games 6:30 PM Trivia
News & Views 2:30 PM Bingo 4 PM Music Appreciation	10 AM Catholic Mass 3rd fl 10:45 AM Eucharistic Minister visits 2 PM Painting 4 PM Word Game 7:15 PM Art with Brian				Programs are subject to change	