March 2019

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st Floor Recreation calendar					1 9:45 AM Manicures & Music 1:30 PM Horseracing 4 PM Reminiscence 6:15 PM Sing a long	2 9:30 AM Music Appreciation 10:15 AM Rosary - 2nd fl Quad. 1:30 PM Music Appreciation 3:45 PM Ball Toss
3 9:30 PM Sensory 1:15 PM Piano Melodies 3:45 PM Pokeno	4 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Sensory 2 PM Baptist Services 4 PM Ball Toss 6:15 PM Art with Brian	5 Mardi Gras 10 AM Sensory Stim. 2:30 PM Mardi Gras 4:15 PM Music Appreciation	6 Ash Wednesday 9:30 AM Sensory 10 AM Distribution of Ashes 2:30 PM Sing a long 4 PM Afternoon stretch 6:15 PM Bingo	7 9:30 AM Sensory 2:30 PM Music Appreciation 4 PM Movement to Music	8 9:45 AM Manicures & Music 2 PM Bingo 4 PM Ball toss 6:15 PM Sing a long with Brian	9 9:30 AM Music Appreciation 10:15 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 3:45 Ball Toss 6 PM Trivia
10 Daylight Saving Time Begins 9:30 AM Painting 1:15 PM Piano Melodies 3:45 PM Active Games	11 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Music Appreciation 4 PM Sensory 6:15 PM Art with Brian	12 10 AM Sensory Stimulation 1 PM 1-1 Music Therapy visits 1:45 PM Sensory 4 PM Reminiscence	13 9:45 AM Horseracing 1:30 PM Painting 4 PM Reminiscence 6:15 PM Bingo	14 9:30 AM Sensory 2:15 PM Baking Irish Soda Bread 4 PM Word Games	15 9:45 AM Sensory 2:30 PM Birthday Party with Gary Lovett 6:15 PM Sing a long with Brian	16 9:30 AM Music 10:15 AM Bible Study - 2nd fl Quad 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
17 St. Patrick's Day 9:30 PM Crafts 2:30 PM Music by Sue Larsen 4 PM Trivia	18 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Music Appreciation 4 PM Trivia 6:15 PM Art with Brian	19 10 AM Sensory Stimulation 2:30 PM Ballroom Dance	20 9:45 AM Music appreciation 2 PM Sensory video 4 PM Afternoon stretch 6:15 PM Bingo	21 Purim 9:30 AM Sensory 1:30 PM Art & Crafts 4 PM Movement to Music	22 9:45 AM Manicures & Music 1:30 PM Bingo 4 PM Reminiscence 6:15 PM Sing a long with Brian	23 9:30 AM Music Appreciation 10:15 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 6 PM Trivia
24 9:30 AM Painting 1:15 PM Sing a long 3:45 PM Active Games	25 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Music video 2:30 PM Sensory 6:15 PM Art with Brian	26 10 AM Painting 1 PM 1-1 Music Therapy visits 2 PM Resident Council - 2:30 PM Reminiscence	27 9:45 AM Crafts 2 PM Prize Day 2:30 PM Movie 6:15 PM Bingo	28 9:45 AM Puzzles 1:15 PM Sing a long 2 PM Art therapy - 2nd fl 4 PM Ball Toss	29 9:45 AM Manicures & Music 2:30 PM Singsation Karaoke Group 4 PM Reminiscence 6:15 PM Sing a long with Brian	30 9:30 AM Music Appreciation 10:15 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 3:45 Ball Toss
31 9:30 PM Music Appreciation 1:30 PM Sensory				Memory Support will be open Monday, Tues., Wednesday's, Thursday & Saturday's 10 AM - 4:30 PM	Program is subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar					**1** 10:15 AM Manicures 2 PM Horseracing 4 PM Word Game 7 PM Sing a long	**2** 10:15 AM Rosary 2nd fl Quad 2 PM Bingo 3:30 PM Matinee Movie
3 10:15 AM Word Games 2 PM Pokeno 4 PM Music Appreciation	**4** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Baptist Service 2:15 PM Piano Melodies 4 PM Word Game 7:15 PM Art with Brian	**5** Mardi Gras 10 AM 2:30 PM Mardi Gras Celebration 4 PM Word Game	**6** Ash Wednesday 10 AM Beading 10 AM Distribution of Ashes 2 PM Urban Zen 3:30 PM Movie 7 PM Bingo	**7** 10:30 AM Basketball 11 AM Urban Zen 2 PM Baking 4 PM Word Games	**8** 10:30 AM Manicures 2 PM Baking 4 PM Word Games 7 PM Sing a long with Brian	**9** 10:15 AM Rosary 2:15 PM Zumba 7 PM Discussion
10 Daylight Savings 10:15 AM Crafts 2:30 PM Bingo 4:15 PM Music Appreciation	**11** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Massage Therapy 4 PM Word Game 7:15 PM Art with Brian	**12** 10 AM Sensory Stim. 1- 3 PM Music Therapy visits 2:15 PM Sing a long 3:30 PM Men's Club	**13** 10:30 AM Horseracing 2 PM Urban Zen 2:30 PM	**14** Valentine's Day 10:30 AM Word Games 11 AM Urban Zen 2:30 PM Baking Irish Soda Bread 4 PM Hangman	**15** 10:15 AM Crafts 2:30 PM Birthday Party with Gary Lovett 7 PM Sing a long with Brian	**16** 10:30 AM Bible Study 2 PM Bingo 7 PM Let's Chat with Dee Dee
17 St. Patrick's Day 10:15 AM News & Views 2:30 PM Entertainment with Sue Larsen	**18** 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Music Appreciation 4 PM Word Game 7:15 PM Art with Brian	**19** 10 AM Jewelry Making 2:30 PM Ballroom Dance 4 PM Pokeno	**20** 10 AM Balloon Volleyball 2 PM Urban Zen 3 PM Trivia 7 PM Bingo	**21** Purim 10:30 AM Word Games 11 AM Urban Zen 2:30 PM Purim Social 4 PM Trivia	**22** 10:30 AM Hangman 2 PM Happy Hour 4 PM Word Games 7 PM Sing a long with Brian	**23** 10:15 AM Rosary 2:15 PM Zumba 7 PM Let's Chat with Dee Dee
24 10:15 AM Manicures 2 PM Bingo 4:15 PM Word Games	**25** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Music Appreciation 4 PM Word Game 7:15 PM Art with Brain	**26** 10 AM Basketball 1- 3 PM Music Therapy visits 2 PM Resident Council Mtg. 2:30 PM Matinee Movie	**27** 9:45 AM Horseracing 2 PM Urban Zen 3 PM Prize Day 7 PM Bingo	**28** 10:30 AM Basketball 11 AM Urban Zen 2 PM Art Therapy 4 PM Word Games	**29** 10:30 AM Hangman 2:30 PM Singsation Music Group 4 PM Word Games 7 PM Sing a long with Brian	**30** 10:15 AM Rosary 2 PM Bingo 4 PM Hangman
31 10:15 AM Word Games 2 PM Pokeno 4 PM Music Appreciation					Programs are subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3rd floor Recreation Calendar					**1** 11 AM Manicures 2 PM Matinee Movie 4 PM Trivia 8 PM Sing a long with Brian	**2** 10:15AM Rosary 2nd fl Quad 11:15 AM Trivia 2:30 PM Bingo 4 PM Karaoke
3 11:15 AM Beading 2:15 PM Word Games 3 PM Piano Melodies	**4** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 11:30 AM Activity Cart 2 PM Baptist Services 3:15 Hangman 4:30 PM Piano Melodies	**5** Mardi Gras 11 AM Crafts 2:30 PM Mardi Gras Celebration 4 PM Trivia 5 PM Music	**6** Ash Wednesday 10 AM Distribution of Ashes 11 AM Name That Tune 2:30 PM Urban Zen 3:15 PM Discussion 4:15 PM Name That Tune	**7** 11 AM Beading 2:30 PM Urban Zen 3:15 PM Mocktails	**8** 11 AM Manicures 2:45 PM Wii Games 4 PM Trivia 8 PM Sing a long with Brian	**9** 10:15 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion
10 11 AM Crafts 2:15 PM Word Games 3:30 PM Karaoke	**11** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 2:15 PM Discussion 3:15 Hangman 4:30 PM Piano Melodies	**12** 11 AM Trivia 1- 3 PM Music Therapy visits 3:30 PM Men's Group 5 PM Music	**13** 11 AM Crafts 2:30 PM Urban Zen 3 PM Word Games 4 PM Karaoke	**14** 11 AM Discussion 2:30 PM Urban Zen 3:30 PM Baking Irish Soda Bread	**15** 11 AM Crafts 2:30 PM Birthday Party with Gary Lovett 2:45 PM Movie 8 PM Sing a long with Brian	**16** 10:15 AM Bible Study 2nd fl 11:15 AM Trivia 3 PM Bingo 7:30 PM Let's Chat with Dee
17 St. Patrick's Day 11:15 AM Painting 2:30 PM Music by Sue Larsen 3 PM Irish Tenors video	**18** 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 2:15 PM Trivia 3:15 Hangman 4:30 PM Piano Melodies	**19** 10 AM Jewelry Making 2:30 PM Black Jack 4 PM Word Games 5 PM Piano Melodies	**20** 11 AM Name That Tune 2:30 PM Urban Zen 3 PM Bingo 4:30 PM Piano Melodies	**21** 11 AM Manicures 2:30 PM Urban Zen 3:15 PM Trivia	**22** 11 AM Word Games 3 PM Bingo 8 PM Sing a long with Brian	**23** 10:15 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Pokeno 7 PM Let's Chat with Dee
24 11:15 AM Word Games 2:15 PM Trivia 3:30 PM Sing a long	**25** 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 3:15 Hangman 4:30 PM Piano Melodies	**26** 11 AM Trivia 1- 3 PM Music Therapy visits 2 PM Resident Council Meeting 2:45 PM Cards 5 PM Piano Melodies	**27** 11 AM Crafts 2:30 PM Urban Zen 4 PM Prize Day 4:30 PM Karaoke	**28** 11 AM Manicures 2:30 PM Urban Zen 3 PM Art Therapy	**29** 11 AM Manicures 2:30 PM Singsation Karaoke 8 PM Sing a long with Brian	**30** 10:15 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Bingo 7 PM Let's Chat with Dee
31 11:15 AM Beading 2:30 PM Matinee Movie					Programs are subject to change	