January 2019

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st Floor Recreation calendar		New Year's Day **1** 9 AM Rose Bowl Parade 9:45 AM Reminiscence 1:15 PM Sing a long 3:30 PM Holiday Bingo	9:30 AM Sensory **2** 2 PM Sensory video 2 PM Discussion with Rabbi - 3rd fl cafe 4 PM Afternoon stretch 6:15 PM Bingo	9:45 AM Crafts **3** 1:30 PM Sing a long 3:30 PM Puzzles	9:45 AM Manicures & Music **4** 1:30 PM Name that tune 4 PM Movement to music 6:15 PM Sing a long with Brian	9:30 AM Music Appreciation **5** 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 6 PM Trivia
6 9:30 PM Sensory 1:15 PM Piano Melodies 3:45 PM Pokeno	**7** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Sensory 2 PM Baptist Services 4 PM Ball Toss 6:15 PM Art with Brian	**8** 10 AM Sensory Stim. 11 AM 1-1 visits 1 PM 1-1 Music Therapy visits 1:45 PM Bingo 5 PM Pizza Party	**9** 9:30 AM Sensory 2:30 PM Tribute to Elvis 4 PM Afternoon stretch 6:15 PM Bingo	**10** 9:30 AM Sensory 2:30 PM Music Appreciation 4 PM Movement to Music	**11** 9:45 AM Manicures & Music 2 PM Ice Cream Social 4 PM Pokeno 6:15 PM Sing a long with Brian	**12** 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 3:45 Ball Toss 6 PM Trivia
13 9:30 AM Painting 1:15 PM Piano Melodies 3:45 PM Active Games	**14** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Music Appreciation 4 PM Sensory 6:15 PM Art with Brian	**15** 10 AM Sensory Stimulation 1:30 PM Reminiscence 3 PM Ice Cream Social	**16** 9:45 AM Horseracing 1:30 PM Painting 3 PM Birthday Celebration 6:15 PM Bingo	**17** 9:30 AM Sensory 2:30 PM Music Appreciation 4 PM Movement to Music	National Hat Day **18** 9:45 AM Sensory 2 PM Hat trivia 6:15 PM Sing a long with Brian	**19** 9:30 AM Music 10:30 AM Bible Study - 2nd fl Quad 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
20 9:30 PM Sensory 1:15 PM Piano Melodies 3:45 PM Reminiscence	Martin Luther King Jr., Day **21** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Reminiscence 6:15 PM Art with Brian	**22** 10 AM Sensory Stimulation 1PM 1-1 Music Therapy visits 3 PM Horseracing	**23** 2 PM Sensory video 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	**24** 9:30 AM Sensory 2:30 PM Music Appreciation 4 PM Movement to Music	**25** 9:45 AM Manicures & Music 1:30 PM Bingo 4 PM Reminiscence 6:15 PM Sing a long with Brian	**26** 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 6 PM Trivia
27 9:30 AM Painting 1:15 PM Sing a long 3:45 PM Active Games	**28** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 1:30 PM Music video 2:30 PM Sensory 6:15 PM Art with Brian	**29** 10 AM Painting 2 PM Resident Council - 2:30 PM Reminiscence	**30** 9:45 AM Sensory 2 PM Sing a long 6:15 PM Bingo	**31** 9:45 AM Puzzles 2 PM Art therapy - 2nd fl 4 PM Ball Toss		
				Memory Support will be open Monday, Tues., Wednesday's, Thursday & Saturday's 10 AM - 4:30 PM	Program is subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar		New Year's Day **1** 9 AM Rose Bowl Parade - TV 10:15AM Resolutions 2 PM Holiday Bingo	10:30 AM Music Appreciation **2** 2 PM Urban Zen 2 PM Discussion with Rabbi - 3rd fl Cafe 2:30 PM Zumba 7 PM Bingo	10:30 AM Word Games **3** 11 AM Urban Zen 2:30 PM Crafts 4 PM Hangman	10:30 AM Manicures **4** 2:30 PM Horseracing 4 PM Music Appreciation	**5** 10:30 AM Rosary 2nd fl Quad 2 PM Bingo 7 PM Let's Chat with Dee Dee
6 10:15 AM Word Games 2 PM Pokeno 4 PM Music Appreciation	**7** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Baptist Service 2:30 PM Sensory 7:15 PM Art with Brain	**8** 10 AM Painting 2 PM 1-1 Music Therapy visits 2 PM Card Games 4 PM Trivia 5 PM Pizza Party	**9** 10 AM Elvis Trivia 2 PM Urban Zen 2:45PM Tribute to Elvis 3:30 PM Movie 7 PM Bingo	**10** 10:30 AM Basketball 11 AM Urban Zen 2 PM Crochet Club 4 PM Word Games	**11** 10:30 AM Manicures 3 PM Ice Cream Social 7 PM Sing a long with Brian	**12** 10:30 AM Rosary 2 PM Bingo 7 PM Discussion
13 10:15 AM Crafts 2:30 PM Pokeno 4:15 PM Music Appreciation	**14** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Spa Day 4 PM Word Game 7:15 PM Art with Brian	**15** 10 AM Sensory Stim. 3:30 PM Ice Cream Social	**16** 10:30 AM Horseracing 2 PM Urban Zen 3 PM Birthday Celebration	**17** 10:30 AM Word Games 11 AM Urban Zen 2:30 PM Crafts 4 PM Hangman	National Hat Day **18** 10:15 AM Crafts 2 PM Hat trivia 7 PM Sing a long with Brian	**19** 10:30 AM Bible Study 2 PM Bingo 7 PM Let's Chat with Dee Dee
20 10:15 AM News & Views 2:30 PM Horseracing 4:15 PM Music Appreciation	**21** 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Music Appreciation 4 PM Word Game 7:15 PM Art with Brian	**22** 10 AM Jewelry Making 2 PM 1-1 Music Therapy visits 2:30 PM 3:30 PM Making centerpieces	**23** 10 AM Balloon Volleyball 2 PM Urban Zen 3 PM Prize Day 7 PM Bingo	**24** 10:30 AM Word Games 11 AM Urban Zen 2:30 PM Crafts 4 PM Trivia	**25** 10:30 AM Hangman 2 PM Movie 7 PM Sing a long with Brian	**26** 10:30 AM Rosary 2 PM Bingo 7 PM Let's Chat with Dee Dee
27 10:15 AM Manicures 2 PM Karaoke 4:15 PM Word Games	**28** 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Music Appreciation 4 PM Word Game 7:15 PM Art with Brain	**29** 10 AM Basketball 2 PM Resident Council Mtg. 2:30 PM Matinee Movie	**30** 9:45 AM Horseracing 2 PM Urban Zen 3 PM Word Game 7 PM Bingo	**31** 10:30 AM Basketball 11 AM Urban Zen 2 PM Art Therapy 4 PM Word Games		
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3rd floor Recreation Calendar		1 New Year's Day 9 AM Parade 11:15 AM Trivia 2 PM Trivia 3:30 PM Piano melodies	2 11 AM Name That Tune 2 PM Discussion with Rabbi - 3rd fl Cafe 2:30 PM Urban Zen 3:30 PM Bingo 5 PM Piano Melodies	3 11 AM Horseracing 2:30 PM Urban Zen 3:30 PM Name That Tune	4 11 AM Manicures 3 PM Mocktails 3:30 PM Movie 8 PM Sing a long with Brian	5 10:30 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Bingo 7:15 PM Let's Chat with Dee
6 11:15 AM Hangman 2:15 PM Word Games 3:30 PM Sing a long	7 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Baptist Services 2:15 PM Activity Cart 3:15 Hangman 4:30 PM Piano Melodies 6:30 PM Table Games	8 11 AM Crafts 2 PM Card Games 2:30 PM 1-1 Music Therapy visits 4 PM Trivia 5:30 PM Music	9 11 AM Name That Tune 2:30 PM Urban Zen 3:45 PM Tribute to Elvis 5 PM Trivia	10 11 AM Beading 2:30 PM Urban Zen 3:30 PM Matinee Movie	11 11 AM Manicures 3 PM Ice Cream Social 8 PM Sing a long with Brian	12 10:30 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion
13 11 AM Crafts 2:15 PM Word Games 3:30 PM Karaoke	14 10 AM Catholic Mass 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 3:15 Hangman 4:30 PM Piano Melodies 6:30 PM Table Games	15 11 AM Trivia 3:45 PM Bingo 5 PM Music 6:15 PM Discussion	16 11 AM Crafts 2:30 PM Urban Zen 3 PM Birthday Celebration 5 PM Piano Melodies	17 11 AM Word Games 2:30 PM Urban Zen 3:30 PM Name That Tune	18 National Hat Day 11 AM Crafts 3 PM Hat Trivia 8 PM Sing a long with Brian	19 10 AM Bible Study 2nd fl 11:15 AM Trivia 3 PM Bingo 7:30 PM Let's Chat with Dee
20 11:15 AM Painting 2:15 PM Trivia 3:30 PM Sing a long	21 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 3:15 Hangman 4:30 PM Piano Melodies 6:30 PM Table Games	22 10 AM Jewelry Making 2:30 PM 1-1 Music Therapy visits 4 PM Word Games 5:30 PM Piano Melodies	23 11 AM Name That Tune 2:30 PM Urban Zen 4 PM Prize Day 5 PM Piano Melodies	24 11 AM Manicures 3:30 PM Black Jack	25 11 AM Word Games 2 PM Casino Games 8 PM Sing a long with Brian	26 10:30 AM Rosary 2nd fl Quad 11:15 AM Trivia 3 PM Bingo 7 PM Let's Chat with Dee
27 11:15 AM Word Games 2:15 PM Trivia 3:30 PM Sing a long	28 10 AM Catholic Mass - 10:45 AM Eucharistic Minister visits 2 PM Activity Cart 3:15 Hangman 4:30 PM Piano Melodies 6:30 PM Table Games	29 11 AM Trivia 2 PM Resident Council Meeting 3:45 PM Black Jack 5 PM Trivia 6:15 PM Music	30 11 AM Crafts 2:30 PM Urban Zen 3:30 PM Bingo 5 PM Piano Melodies	31 11 AM Manicures 2:30 PM Urban Zen 3 PM Art Therapy		
					Programs are subject to change	