December 2018

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st Floor Recreation calendar						1 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 6 PM Trivia
2 9:30 PM Painting 1 PM Sing a long with Michael 1:45 PM Sensory 3:45PM Ball Toss	3 First Day of Hanukkah 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 1:30 PM Sensory 2 PM Baptist Services - MDR 4 PM Ball Toss 6:15 PM Art with Brian	4 10 AM Sensory Stim. 11 AM 1-1 visits 1:15 PM 1-1 Music Therapy visits 2:30 PM Bowling MDR 4 PM Music Appreciation	5 9:30 AM Sensory 2 PM Sensory video 2 PM Hanukkah Celebration with Rabbi - 3rd fl cafe 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	6 9:30 AM Sensory 2 PM Art Therapy - MDR 2:30 PM Music Appreciation 4 PM Ball Toss	7 Pearl Harbor Day Vendor Sale - Lobby 9:45 AM Manicures & Music 1:30 PM 1-1 Music Therapy visits 2:30 PM Happy Hour with Gene 6:15 PM Sing a long with Brian	8 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
9 9:30 AM Sensory 11 AM Sing a long 1:45 PM Pokeno	10 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 1:30 PM Music Appreciation 2:30 PM YOGA - MDR 6:15 PM Art with Brian	11 10 AM Sensory Stimulation 1:30 PM Sing a long 3:30 PM Men's Club	12 9:45 AM Horseracing 1:30 PM Caroling with Fire Dept. 4:30 PM Winter Carnival - Tent	13 9:45 AM Crafts 1:30 PM Matinee Movie 2:30 PM Cookie decorating 4 PM Sensory	14 9:45 AM Sensory 1:30 PM Bingo 6:15 PM Sing a long with Brian	15 9:30 AM Music 10:30 AM Bible Study - 2nd fl Quad 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
16 9:30 PM Crafts 1 PM Sing a long with Michael 1:45 PM Sensory 3:45 PM Ball toss	17 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Resident Council - MDR 6:15 PM Art with Brian	18 10 AM Sensory Stimulation 2:30 PM Birthday Party with Gigi - MDR	19 10:30 AM Music by Ada 2 PM Sensory video 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	20 10 AM Sensory 2:30 PM Yoga 4 PM Ball Toss	21 9:45 AM Manicures & Music 1:30 PM 1-1 Music Therapy visits 2:30 PM Holiday Party with Sue 6:15 PM Sing a long with Brian	22 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 6 PM Trivia
23 9:30 AM Sensory 2:30 PM Music with Bobby - MDR	24 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 3 PM Santa visits - All Floors 6:15 PM Art with Brian	25 Christmas Day 10 AM Sensory 12 noon Holiday luncheon 2 PM Bingo	26 Kwanzaa Begins 9:45 AM Sensory 2:30 PM Ballroom Dance 6:15 PM Bingo	27 9:45 AM Fall Crafts 2 PM Prize Day 4 PM Ball Toss	28 9:30 AM Manicures 1:30 PM Bingo 6:15 PM Sing a long with Brian	29 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
30 9:30 PM Painting 1 PM Sing a long with Michael 1:45 PM Sensory 3:45PM Ball Toss	31 10 AM Catholic Mass 2:30 PM NY Eve Party with Gene MDR 6:15 PM Music			Memory Support will be open Monday, Tues., Wednesday's, Thursday & Saturday's 10 AM - 4:30 PM	Program is subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar						**1** 10:30 AM Rosary 2nd fl Quad 2 PM Bingo 7 PM Let's Chat with Dee Dee
2 10:15 AM Word Games 2:30 PM Crafts	**3** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Baptist Service 2:30 PM Sensory 7:15 PM Art with Brain	**4** 10 AM Painting 2:30 PM Bowling 4 PM Trivia	**5** 2 PM Urban Zen 2 PM Hanukkah Celebration with Rabbi - 3rd fl Cafe 2:30 PM Zumba 3 PM Movie 6:15 PM Bingo	**6** 10:30 AM Basketball 11 AM Urban Zen 2 PM Art therapy - MDR 4 PM Hangman	**7** Vendor Sale - Lobby 10:30 AM Manicures 7 PM Sing a long with Brian	**8** 10:30 AM Rosary 2 PM Bingo 7 PM Discussion
9 10:15 AM Word Games 2:30 PM Pokeno	**10** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM YOGA - MDR 4:15 PM Word Games 7:15 PM Art with Brian	**11** 10 AM Sensory Stim. 2:30 PM Crafts 4 PM Ball Toss	**12** 10:30 AM Horseracing 1:30 PM Caroling with Fire Dept. 4:30 PM - 7 PM Winter Carnival - Tent	**13** 10:30 AM Word Games 11 AM Urban Zen 4 PM Hangman	**14** 10:30 AM Manicures 7 PM Sing a long with Brian	**15** 10:30 AM Bible Study 2 PM Bingo 7 PM Let's Chat with Dee Dee
16 10:15 AM News & Views 2:30 PM Horseracing	**17** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Resident Council Meeting - MDR 7:15 PM Art with Brian	**18** 10 AM Jewelry Making 2:30 PM Birthday Party with Gigi 3:30 PM Making centerpieces	**19** 11 AM Music with Ada 2 PM Urban Zen 2:30 PM Zumba MDR 6:15 PM Bingo	**20** 10 AM Sensory 2:30 PM Yoga 4 PM Ball Toss	**21** 10:30 AM Hangman 2 PM 1-1 Music Therapy visits 2:30 PM Holiday Social with Sue 2:30 PM long with Brian	**22** 10:30 AM Rosary 2 PM Bingo 7 PM Let's Chat with Dee Dee
23 10:15 AM Crafts 2:30 Music with Bobby - MDR	**24** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 4 PM Music Appreciation 7:15 PM Art with Brain	**25** Christmas Day	**26** Kwanzaa Begins 9:45 AM Horseracing 2 PM Urban Zen 2:30 PM Ballroom Dance - MDR 6:15 PM Bingo	**27** 10:30 AM Basketball 11 AM Urban Zen 2:30 PM Prize Day 4 PM Word Games	**28** 10:30 AM Manicures 7 PM Sing a long with Brian	**29** 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
30 10:15 AM Word Games 2:30 PM Pokeno	**31** New Year's Eve 2:30 PM New Year's Eve Party				Programs are subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3rd floor Recreation Calendar						**1** 10:30 AM Rosary 2nd fl Quad 3 PM Bingo 7:315PM Let's Chat with Dee
2 11:15 AM Word Games 2:15 PM Trivia 3:30 PM Sing a long	**3** First Day of Hanukkah 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Activity Cart 2; PM Baptist Services 4 PM Black Jack 5:30 PM Piano Melodies	**4** 11 AM Crafts 2 PM 1-1 Music Therapy visits 2:30 PM Bowling - MDR 4 PM Trivia 5:30 PM Music	**5** 11 AM Name That Tune 2 PM Hanukkah Celebration with Rabbi - 3rd fl Cafe 2:30 PM Urban Zen 3:30 PM Bingo	**6** 11 AM Beading 2:30 PM Urban Zen 3 PM Art Therapy	**7** Vendor Sale - Lobby 11 AM Manicures 2:30 PM Happy Hour 8 PM Sing a long with Brian	**8** 10:30 AM Rosary 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion
9 10AM Word Games 11:30 AM Music 2 PM Movie 3:30 PM Pokeno	**10** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music 1:30 PM Activity Cart 2:30 PM YOGA - MDR 4:15 PM Word Games 5:30 PM Piano Melodies 6:30 PM Table Games	**11** 10 AM Sensory Stim. 2:30 PM Bingo 3:30 PM Men's Club 4 PM Ball Toss 5:30 PM Music	**12** 11 AM Crafts 1:30 PM Caroling with Fire Dept. All Fls 4:30 PM Winter Carnival - Tent	**13** 11 AM Word Games 2:30 PM Urban Zen 3:30 PM Name That Tune	**14** 11 AM Manicures 3 PM Cookie decorating 8 PM Sing a long with Brian	**15** 10:30 AM Bible Study 3 PM Bingo 7:30 PM Let's Chat with Dee
16 11:15 AM News & Views 2:15 PM Trivia 3:30 PM Sing a long	**17** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Resident Council 3:45 PM Trivia 5:30 PM Piano Melodies	**18** 10 AM Jewelry Making 2:30 PM Birthday Party with Gigi 4 PM Word Games 5;30 PM Piano Melodies	**19** 11 AM Name That Tune 2:30 PM Urban Zen 2:30 PM Zumba MDR 4 PM Bingo	**20** 11 AM Manicures 2:30 PM Yoga 3:30 PM Black Jack	**21** 11 AM Word Games 2 PM 1-1 Music Therapy visits 2:30 PM Holiday Party with Sue 8 PM Sing a long with Brian	**22** 10:30 AM Rosary 3 PM Bingo 7 PM Let's Chat with Dee
23 11:15 AM Word Games 2:15 PM Trivia 3:30 PM Sing a long	**24** 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music All Floors 1:30 PM Activity Cart 2;30 PM Yoga MDR 3:30 PM Santa visits 6:30 PM SIng a long	**25** Christmas Day 11 AM Trivia 12 noon Holiday Luncheon 2 PM Caroling	**26** 11 AM Crafts 2:30 PM Urban Zen 2:30 PM Ballroom Dance - MDR 4 PM Bingo	**27** 11 AM Crafts 3 PM Prize Day 3:30 PM Matinee Movie	**28** 11 AM Manicures 3:30 PM Resolutions 8 PM Sing a long with Brian	**29** 10:30 AM Rosary 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion
30 11:15 AM Word Games 2:15 PM Trivia 3:30 PM Sing a long	**31** 10 AM Catholic Mass 2:30 PM New Year's Eve Party - MDR 6:30 PM Social				Programs are subject to change	