October 2018

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st Floor Recreation calendar	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Baptist services MDR 3:30 PM Puzzles 6:15 PM Art with Brian **1**	10 AM Sensory Stimulation 1:30 PM Sing a long 3:15 PM Pokeno **2**	9:45 AM Sensory **3** 2 PM Sensory video 2 PM Rabbi - 3rd fl 4 PM Afternoon stretch 6:15 PM Bingo	9:45 AM Fall Crafts **4** 1:30 PM Sing a long 2 PM Pet visits 3:30 PM Puzzles	9:45 AM Manicures & Music **5** 2:30 PM Happy Hour with Joe MDR 2;30 PM Sensory video 6:15 PM Sing a long with Brian	9:30 AM Music Appreciation **6** 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 6 PM Trivia
9:30 PM Crafts **7** 1:30 PM Bingo 2:45 PM Matinee Movie	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits **8** 1:30 PM Sensory 2:30 PM Yoga - MDR 3:30 PM Puzzles 6:15 PM Art with Brian	10 AM Sensory Stim. **9** 11 AM 1-1 visits 1:30 PM Ball Toss 2:30 PM Bowling MDR 4 PM Music Appreciation	9:30 AM Sensory **10** 10:30 AM Music with Ada 2 PM Sensory video 4 PM Afternoon stretch 6:15 PM Bingo	9:30 AM Sensory **11** 2:30 PM Oktoberfest - MDR	9:45 AM Manicures & Music **12** 2;30 PM Sensory video 4 PM Pokeno 6:15 PM Sing a long with Brian	9:30 AM Music Appreciation **13** 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
9:30 AM Sensory **14** 2 PM Pokeno	10 AM Catholic Mass - MDR **15** 10:45 AM Eucharistic Minister visits 11 AM Strolling Music 1:30 PM Crafts 3:30 PM Puzzles 6:15 PM Art with Brian	10 AM Sensory Stimulation **16** 1:30 PM Sing a long 3:30 PM Men's Club	9:45 AM Horseracing **17** 2:30 PM Ballroom Dance MDR 6:15 PM Bingo	9:45 AM Crafts **18** 1:30 PM Matinee Movie 2 PM Art Therapy - MDR	9:45 AM Manicures & Music **19** 1:30 PM Bingo 2:30 PM Adult Ed MDR 4 PM Social 6:15 PM Sing a long with Brian	9:30 AM Music **20** 10:30 AM Bible Study - 2nd fl Quad 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
9:30 PM Fall Crafts **21** 1:30 PM Bingo 2:45 PM Matinee Movie	10 AM Catholic Mass - MDR **22** 10:45 AM Eucharistic Minister visits 2 PM Massage therapy 4 PM Reminiscence 6:15 PM Art with Brian	10 AM Sensory Stimulation **23** 2:30 PM Birthday Party with Gigi - MDR	10:30 AM Music by Ada **24** 2 PM Sensory video 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	9:45 AM Fall Crafts **25** 1:30 PM Sing a long 2 PM Pet visits 2;30 PM Cooking MDR 3:30 PM Puzzles	9:45 AM Manicures & Music **26** 1:30 PM Bingo 4 PM Reminiscence 6:15 PM Sing a long with Brian	9:30 AM Music Appreciation **27** 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 6 PM Trivia
9:30 AM Sensory **28** 1:30 PM Bingo 2:45 PM Matinee Movie	10 AM Catholic Mass - MDR **29** 10:45 AM Eucharistic Minister visits 1:30 PM Music video 2:30 PM Yoga - MDR 6:15 PM Art with Brian	10 AM Sensory Stimulation **30** 2 PM Resident Council - MDR 2:30 PM Reminiscence	Halloween **31** 9:45 AM Crafts 1:30 PM Matinee Movie 2:30 PM Halloween Party MDR 6:15 PM Bingo			
				Memory Support will be open Monday, Tues., Wednesday's, Thursday & Saturday's 10 AM - 4:30 PM	Program is subject to change	

October 2018

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar	1 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Baptist Service 4:15 PM Word Games 7:15 PM Art with Brian	2 10 AM Painting 1:30 PM Reminiscence 4 PM Puzzles	3 9:45 AM Sing a long 2 PM Urban Zen 2 PM Discussion with Rabbi 3rd fl Cafe 2:30 PM Zumba - MDR 3 PM Movie 6:15 PM Bingo	4 10:30 AM Basketball 11 AM Urban Zen 2 PM Pokeno 3- 5 PM Pet visit 4 PM Word Games	5 10:30 AM Horseracing 2:30PM Happy Hour with Joe - MDR 7 PM Sing a long with Brian	6 10:30 AM Rosary 2nd fl Quad 2 PM Bingo 7 PM Let's Chat with Dee Dee
7 10:15 AM Word Games 2 PM Crafts	8 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM Yoga MDR 4 PM Music Appreciation 7:15 PM Art with Brain	9 10 AM Painting 2:30 PM Bowling 4 PM Trivia	10 11 AM Music with Ada 2 PM Urban Zen 3 PM Movie 6:15 PM Bingo	11 10:30 AM Football toss 11 AM Urban Zen 2:30 PM Oktoberfest - MDR 3-5 PM Pet visits	12 10:30 AM Horseracing 7 PM Sing a long with Brian	13 10:30 AM Rosary 2 PM Bingo 7 PM Discussion
14 10:15 AM Word Games 2:30 PM Pokeno	15 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11::30 AM Strolling Music 4:15 PM Word Games 7:15 PM Art with Brian	16 10 AM Sensory Stim. 2:30 PM Crafts 3:30 PM Men's Club 4 PM Ball Toss	17 10:30 AM Horseracing 2 PM Urban Zen 2:30 PM Ballroom Dance - MDR 5 PM Restaurant Take out - MDR 6:15 PM Bingo	18 10:30 AM Word Games 11 AM Urban Zen 2 PM Art therapy - MDR 3- 5 PM Pet visits	19 10:30 AM Manicures 2:30 PM Adult Education - MDR 7 PM Sing a long with Brian	20 10:30 AM Bible Study 2 PM Bingo 7 PM Let's Chat with Dee Dee
21 10:15 AM News & Views 2 PM Horseracing	22 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2: PM Massage therapy 7:15 PM Art with Brian	23 10 AM Jewelry Making 2:30 PM Birthday Party with Gigi - MDR	24 11 AM Music with Ada 2 PM Urban Zen 2:30 PM Zumba MDR 6:15 PM Bingo	25 10:30 AM Basketball 11 AM Urban Zen 2 PM Reminiscence 3- 5 PM Pet visits 4 PM Sensory	26 10:30 AM Hangman 2:30 PM Happy Hour 7 PM SIng a long with Brian	27 10:30 AM Rosary 2 PM Bingo 7 PM Let's Chat with Dee Dee
28 10:15 AM Crafts 2:30 PM Pokeno	29 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM Yoga MDR 4 PM Music Appreciation 7:15 PM Art with Brain	30 10 AM Word Games 2 PM Resident Council - MDR 3 PM Name That Tune	31 Halloween 9:45 AM Horseracing 2 PM Urban Zen 2:30 PM Halloween Party - MDR 6:15 PM Bingo			
					Programs are subject to change	

October 2018

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3rd floor Recreation Calendar	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Activity Cart 2 PM Baptist services 4:15 PM Word Games **1**	11 AM Painting 2:30 PM Spanish Club 4 PM Bingo **2**	11 AM Music trivia 2 PM Discussion with Rabbi - 3rd fl cafe 2:30 Zumba MDR **3**	11 AM Name That tune 2:30 PM Urban Zen 3:30 PM Mocktails 3-5 PM pet visits **4**	11 AM Manicures 2 PM Movie 2:30 PM Happy Hour with Joe - MDR 8 PM Sing a long with Brian **5**	10:30 AM Rosary 2nd fl Quad 3 PM Bingo 7:315PM Let's Chat with Dee **6**
11:15 AM Word Games 2 PM Movie 3 PM Manicures **7**	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Activity Cart 2;30 PM Yoga MDR 4 PM Black Jack **8**	11 AM Fall Crafts 2:30 PM Bowling - MDR 4 PM Trivia **9**	11 AM Name That Tune 2:30 PM Urban Zen 3:30 PM Movie **10**	11 AM Beading 2:30 PM Urban Zen 2:30 PM Oktoberfest - MDR 3-5 PM Pet visits **11**	11 AM Manicures 2:30 PM Happy Hour 8 PM Sing a long with Brian **12**	10:30 AM Rosary 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion **13**
11 AM Word Games 2 PM Movie 3:30 PM Pokeno **14**	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music 1:30 PM Activity Cart 4:15 PM Word Games **15**	10 AM Sensory Stim. 2:30 PM Bingo 3:30 PM Men's Club 4 PM Ball Toss **16**	11 AM Crafts 2:30 PM Urban Zen 2:30 PM Ballroom Dance - MDR 5 PM Restaurant Take out dinner - MDR **17**	11 AM Word Games 2:30 PM Urban Zen 3:15 PM Art Therapy 3- 5 PM pet visits **18**	11 AM Manicures 2:30 PM Adult Ed MDR 8 PM Sing a long with Brian **19**	10:30 AM Bible Study 3 PM Bingo 7:30 PM Let's Chat with Dee **20**
11:15 AM News & Views 2 PM Movie 3 PM Crafts **21**	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Massage Therapy - MDR 4 PM Black Jack **22**	10 AM Jewelry Making 2:30 PM Birthday Party with Gigi - MDR **23**	11 AM Name That Tune 2:30 PM Urban Zen 2:30 PM Zumba MDR 4 PM Ice Cream Social **24**	11 AM Discussion 2:30 PM Urban Zen 3:30 PM Mocktails 3-5 PM pet visits **25**	11 AM Word Games 3:30 PM Happy Hour 8 PM SIng a long with Brian **26**	10:30 AM Rosary 3 PM Bingo 7 PM Let's Chat with Dee **27**
11:15 AM Word Games 2 PM Movie 3 PM Manicures **28**	10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 1:30 PM Activity Cart 2;30 PM Yoga MDR 4 PM Black Jack **29**	11 AM Word Games 2 PM Resident Council - MDR 3 PM Name That Tune **30**	Halloween 11 AM Crafts 2:30 PM Urban Zen 2:30 PM Halloween Party MDR **31**			
					Programs are subject to change	