November 2018

CORTLANDT HEALTHCARE
110 Oregon Road
Cortlandt Manor, NY 10567
(914) 739-9150
CortlandtHealthcare.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st Floor Recreation calendar				1 9:45 AM Fall Crafts 1:30 PM Sing a long 3:30 PM Puzzles	2 9:45 AM Manicures & Music 2:30 PM Happy Hour with Bobby MDR 2;30 PM Sensory video 6:15 PM Sing a long with Brian	3 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 6 PM Trivia
4 Daylight Savings 9:30 PM Crafts 1:30 PM Bingo 2:45 PM Matinee Movie	5 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 1:30 PM Sensory 2 PM Baptist Services - MDR 4 PM Ball Toss 6:15 PM Art with Brian	6 Election Day 10 AM Sensory Stim. 11 AM 1-1 visits 1:15 PM 1-1 Music Therapy visits 2:30 PM Bowling MDR 4 PM Music Appreciation	7 VENDOR SALE - Lobby 9:30 AM Sensory 2 PM Sensory video 2 PM Discussion with Rabbi - 3rd fl cafe 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	8 9:30 AM Sensory 2 PM Art Therapy - MDR 2:30 PM Music Appreciation	9 9:45 AM Manicures & Music 2:30 PM Veteran's Day Social - MDR 4 PM Pokeno 6:15 PM Sing a long with Brian	10 AVON SALE 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
11 Veteran's Day 9:30 AM Sensory 2 PM Reminiscence	12 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 1:30 PM Music Appreciation 2:30 PM YOGA - MDR 6:15 PM Art with Brian	13 10 AM Sensory Stimulation 1:30 PM Sing a long 3:30 PM Men's Club	14 9:45 AM Horseracing 1:30 PM Painting 4 PM Ball Toss 6:15 PM Bingo	15 9:45 AM Crafts 1:30 PM Matinee Movie 2:30 PM Pie Tasting	16 9:45 AM Sensory 2 PM Matinee Movie 2:30 PM Happy Hour with Joe 6:15 PM Sing a long with Brian	17 9:30 AM Music 10:30 AM Bible Study - 2nd fl Quad 1:30 PM Bingo 3:45 Ball Toss 6 PM Trivia
18 9:30 PM Fall Crafts 1:30 PM Bingo 2:45 PM Matinee Movie	19 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM Destination Vacation - Travel to Hollywood - MDR 6:15 PM Art with Brian	20 10 AM Sensory Stimulation 1:15 PM 1-1 Music Therapy visits 3 PM Horseracing	21 10:30 AM Music by Ada 2 PM Sensory video 2:30 PM Zumba 4 PM Afternoon stretch 6:15 PM Bingo	22 Happy Thanksgiving 9 AM Macy's Parade 12 noon Holiday Luncheon 2 PM Reminiscence	23 9:45 AM Manicures & Music 1:30 PM Bingo 4 PM Reminiscence 6:15 PM Sing a long with Brian	24 9:30 AM Music Appreciation 10:30 AM Rosary - 2nd fl Quad. 1:30 PM Horseracing 6 PM Trivia
25 9:30 AM Sensory 1:30 PM Bingo 2:45 PM Matinee Movie	26 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music 1:30 PM Music video 2:30 PM Yoga - MDR 6:15 PM Art with Brian	27 10 AM Painting 2 PM Resident Council - MDR 2:30 PM Reminiscence	28 9:45 AM Sensory 2:30 PM Ballroom Dance 6:15 PM Bingo	29 9:45 AM Fall Crafts 2 PM Prize Day 4 PM Ball Toss	30 9:30 AM Manicures 2:30 PM Birthday Party with Gene - MDR 6:15 PM Sing a long with Brian	
				Memory Support will be open Monday, Tues., Wednesday's, Thursday & Saturday's 10 AM - 4:30 PM	Program is subject to change	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2nd floor Recreation Calendar				1 10:30 AM Ball Toss 11 AM Urban Zen 2 PM Pokeno 4 PM Word Games	2 10:30 AM Horseracing 2:30PM Happy Hour with Joe - MDR 7 PM Sing a long with Brian	3 10:30 AM Rosary 2nd fl Quad 2 PM Bingo 7 PM Let's Chat with Dee Dee
4 Daylight Savings Ends 10:15 AM Word Games 2 PM Crafts	5 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2 PM Baptist Service 2:30 PM Sensory 7:15 PM Art with Brain	6 Election Day 10 AM Painting 2 PM 1-1 Music Therapy visits 2:30 PM Bowling 4 PM Trivia	7 VENDOR SALE - Lobby 2 PM Urban Zen 2 PM Discussion with Rabbi - 3rd fl Cafe 2:30 PM Zumba 3 PM Movie 6:15 PM Bingo	8 10:30 AM Basketball 11 AM Urban Zen 2 PM Art therapy - MDR 4 PM Hangman	9 10:30 AM Manicures 2:30 PM Veteran's Day Social - MDR 7 PM Sing a long with Brian	10 AVON Sale 10:30 AM Rosary 2 PM Bingo 7 PM Discussion
11 Veteran's Day 10:15 AM Word Games 2:30 PM Pokeno	12 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM YOGA - MDR 4:15 PM Word Games 7:15 PM Art with Brian	13 10 AM Sensory Stim. 2:30 PM Crafts 3:30 PM Men's Club 4 PM Ball Toss	14 10:30 AM Horseracing 2 PM Urban Zen 2:30 PM Discussion 6:15 PM Bingo	15 10:30 AM Word Games 11 AM Urban Zen 2:30 PM Pie Tasting 4 PM Hangman	16 10:30 AM Manicures 2:30 PM Adult Education - MDR 7 PM Sing a long with Brian	17 10:30 AM Bible Study 2 PM Bingo 7 PM Let's Chat with Dee Dee
18 10:15 AM News & Views 2 PM Horseracing	19 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 2:30 PM Destination Vacation - Travel to Hollywood - MDR 7:15 PM Art with Brian	20 10 AM Jewelry Making 2 PM 1-1 Music Therapy visits 3:30 PM Making centerpieces	21 11 AM Music with Ada 2 PM Urban Zen 2:30 PM Zumba MDR 6:15 PM Bingo	22 Happy Thanksgiving 9 AM Macy's Parade 12 noon Holiday Luncheon 2 PM Holiday Trivia	23 10:30 AM Hangman 2:30 PM Happy Hour 7 PM SIng a long with Brian	24 10:30 AM Rosary 2 PM Bingo 7 PM Let's Chat with Dee Dee
25 10:15 AM Crafts 2:30 PM Pokeno	26 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music - All floors 2:30 PM Yoga MDR 4 PM Music Appreciation 7:15 PM Art with Brain	27 10 AM Word Games 2 PM Resident Council - MDR 3 PM Name That Tune	28 9:45 AM Horseracing 2 PM Urban Zen 2:30 PM Ballroom Dance - MDR 6:15 PM Bingo	29 10:30 AM Basketball 11 AM Urban Zen 2:30 PM Prize Day 4 PM Word Games	30 10:30 AM Manicures 2:30 PM Birthday Party with Gene - MDR 7 PM Sing a long with Brian	
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3rd floor Recreation Calendar				1 11 AM Name That tune 2:30 PM Urban Zen 3:30 PM Mocktails	2 11 AM Manicures 2 PM Movie 2:30 PM Happy Hour with Booby-MDR 8 PM Sing a long with Brian	3 10:30 AM Rosary 2nd fl Quad 3 PM Bingo 7:315PM Let's Chat with Dee
4 Daylight Saving Ends 11:15 AM Word Games 2 PM Movie 3 PM Manicures	5 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Activity Cart 2; PM Baptist Services 4 PM Black Jack	6 Election Day 11 AM Fall Crafts 2 PM 1-1 Music Therapy visits 2:30 PM Bowling - MDR 4 PM Trivia	7 Vendor Sale - Lobby 11 AM Name That Tune 2 PM Discussion with Rabbi 2:30 PM Urban Zen 3:30 PM Movie	8 11 AM Beading 2 PM Art Therapy - MDR 2:30 PM Urban Zen 3:30 PM Trivia	9 11 AM Manicures 2:30 PM Happy Hour 8 PM Sing a long with Brian	10 AVON Sale 10:30 AM Rosary 11:15 AM Trivia 3 PM Bingo 7:15 PM Discussion
11 Veteran's Day 11 AM Word Games 2 PM Movie 3:30 PM Pokeno	12 10 AM Catholic Mass - MDR 10:45 AM Eucharistic Minister visits 11 AM Strolling Music 1:30 PM Activity Cart 2:30 PM YOGA - MDR 4:15 PM Word Games	13 10 AM Sensory Stim. 2:30 PM Bingo 3:30 PM Men's Club 4 PM Ball Toss	14 11 AM Crafts 2:30 PM Urban Zen 3:30 PM Mocktails	15 11 AM Word Games 2:30 PM Urban Zen 3:30 PM Name That Tune	16 11 AM Manicures 2:30 PM Adult Ed MDR 8 PM Sing a long with Brian	17 10:30 AM Bible Study 3 PM Bingo 7:30 PM Let's Chat with Dee
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